

MetLife Resources Regional Offices

State	Region	Regional Manager	Phone	Email
Alabama	Southeastern	Steve Shearod	678-419-0145	sshearod1@metlife.com
Alaska	Western			
Arizona	Western	Ann Zlamal	480-607-6900	azlamal@metlife.com
Arkansas	Southeastern	David Johnson	704-549-0297	djohnson14@metlife.com
California	Western	Mike Brandone	760-930-9378	mbrandone@metlife.com
California	Western			
Colorado	Western	George Beale	303-758-7800	gbeale@metlife.com
Connecticut	Northeastern	Gregg Libutti	203-265-3775	glibutti@metlife.com
Delaware	Southeastern	Patrick Caligiuri	443-285-0955	pcaligiuri@metlife.com
District Of Columbia	Southeastern	Patrick Caligiuri	443-285-0955	pcaligiuri@metlife.com
Florida	Southeastern	Mary Bradford	850-386-6211	mbradford@metlife.com
Georgia	Southeastern	Steve Shearod	678-419-0145	sshearod1@metlife.com
Hawaii	Western	Noreen Clement	808-521-8822	nclement@metlife.com
Idaho	Central			
Illinois	Central	Judy Friedman	877-313-8325	jrfriedman@metlife.com
Indiana	Central	Mike Robinson	616-233-9067	mrobinson1@metlife.com
Iowa	Central	Skip Welsh	763-390-4420	wwelsh@metlife.com
Kansas	Central	Carol Smith Link		
Kentucky	Southeastern	Brenda Heinig	800-513-7785	bheinig@metlife.com
Louisiana	Southeastern	Steve Shearod	678-419-0145	sshearod1@metlife.com
Maine	Northeastern	Karen Stephenson	800-343-4307	kstephenson@metlife.com
Maryland	Southeastern	Patrick Caligiuri	443-285-0955	pcaligiuri@metlife.com
Massachusetts	Northeastern	Karen Stephenson	800-343-4307	kstephenson@metlife.com
Michigan	Central	Mike Robinson		
Minnesota	Central	Skip Welsh	763-390-4420	wwelsh@metlife.com
Mississippi	Southeastern	Steve Shearod	678-419-0145	sshearod1@metlife.com
Missouri	Central	Carol Smith Link	314-872-1930	clink@metlife.com
Montana	Western	George Beale	303-758-7800	gbeale@metlife.com
Nebraska	Central	Skip Welsh	763-390-4420	wwelsh@metlife.com
Nevada	Western	Mike Brandone	760-930-9378	mbrandone@metlife.com
New Hampshire	Northeastern	Karen Stephenson	800-343-4307	kstephenson@metlife.com
New Jersey	Northeastern	Mike Sumi	732-602-0500	msumi@metlife.com
New Mexico	Western	Ann Zlamal	480-607-6900	azlamal@metlife.com
New York	Northeastern	Sean Beliles	914-345-8233	sbeliles@metlife.com
New York	Northeastern			
North Carolina	Southeastern	David Johnson	704-549-0297	djohnson14@metlife.com
North Dakota	Central	Skip Welsh	763-390-4420	wwelsh@metlife.com
Ohio	Central	Bill Ahonen	614-395-2361	wahonen@metlife.com
Oklahoma	Western	George Beale	303-758-7800	gbeale@metlife.com
Oregon	Western			
Pennsylvania	Northeastern	Tim Quigley	610-254-9305	tquigley@metlife.com
Rhode Island	Northeastern	Gregg Libutti	203-265-3775	glibutti@metlife.com
South Carolina	Southeastern	David Johnson	704-549-0297	djohnson14@metlife.com
South Dakota	Central	Skip Welsh	763-390-4420	wwelsh@metlife.com
Tennessee	Southeastern	David Johnson	704-549-0297	djohnson14@metlife.com
Texas	Western	Bruce Pullen	800-236-8489	bpullen@metlife.com
Utah	Western	George Beale	303-758-7800	gbeale@metlife.com
Vermont	Northeastern	Karen Stephenson	800-343-4307	kstephenson@metlife.com
Virginia	Southeastern	Brenda Heinig	800-513-7785	bheinig@metlife.com
Washington	Western			
West Virginia	Southeastern	Brenda Heinig	800-513-7785	bheinig@metlife.com
Wisconsin	Central	Judy Friedman	877-313-8325	jrfriedman@metlife.com
Wyoming	Western			